



DJR FOOTBALL COACHING

TRAINING AGREEMENT



Contact: [djf.footballcoaching@gmail.com](mailto:djr.footballcoaching@gmail.com)

Health, Injury & Liability

Any application of the recommendations set out by DJR Football Coaching, or in any personal consultation by phone, email, in-person or otherwise, is undertaken at your own discretion and risk. This service is for educational and coaching purposes only and is not medical advice; if you or the player has any medical condition, you should consult a healthcare professional before starting, and DJR Football Coaching cannot provide medical advice at any point during the coaching journey.

By enrolling, you confirm that the player is in good physical condition and has no known condition that would prevent safe participation in football training. Training may include strenuous activity such as strength, endurance and cardiovascular conditioning.

If an injury occurs and a player is unable to train, recurring payments will continue as normal for the rest of your current commitment period; once the player has recovered, we will run any outstanding sessions until they are all completed. Injuries are a natural part of sport, and DJR Football Coaching will always try to be as flexible as possible.

You understand and agree that you will indemnify, defend and hold harmless DJR Football Coaching, its coaches, employees, representatives and affiliates from any and all liability for any injury, illness, loss, claim or expense arising from participation in this programme, and that none of DJR Football Coaching's coaches are personally liable for injuries sustained during training.

Training Agreement

Please read this Training Agreement in full to understand the expectations of DJR Football Coaching before enrolling. If you have any questions or concerns, please email [djf.footballcoaching@gmail.com](mailto:djr.footballcoaching@gmail.com)

If you do not agree with the terms and expectations set out in this agreement, we kindly ask that you do **NOT** enrol in any of our training programmes. Our terms are clear and protect the integrity of our programmes — we only want to work with families who buy into our culture at DJR Football Coaching.



1 Terms

This Agreement begins on the day you register and continues until cancelled in line with the terms below.

All training memberships operate on a minimum rolling **2-month commitment period**, renewing automatically on a rolling basis thereafter. To cancel, you must give DJR Football Coaching at least **14 days' written notice** at [djf.footballcoaching@gmail.com](mailto:djr.footballcoaching@gmail.com) before the end of your current commitment period. It is your responsibility to submit this notice — DJR Football Coaching will not chase this up on your behalf. If notice is not received at least 14 days before renewal, you will be automatically enrolled into the next term **(NO EXCEPTIONS)**.

Should you cancel midway through a commitment period, a **CONTRACT TERMINATION FEE** equal to one month's training membership applies and is **non-refundable**; this fee still applies even if you cancel within the 14-day notice period. Once the fee has been paid, DJR Football Coaching will stop any recurring payments.

PLEASE NOTE, EARLY TERMINATION OF YOUR CONTRACT WILL RESULT IN THE LOSS OF ANY FURTHER SESSIONS/CATCH-UP SESSIONS WHICH ARE OWED TO YOU.

2 Player Expectations

- I agree to be a positive player who is coachable.
- I agree to work hard in every session — I'm here to develop and reach my goals as a player.
- I agree to complete each homework task that my assigned coach provides me in a timely manner.
- I agree to be accountable to my assigned coach and not make excuses.
- I agree to bring a full water bottle and wear appropriate training kit to each session.
- I agree to work hard and achieve the personal goals that my assigned coach and I set together.
- I agree to be committed every week and dedicate time to work on my own away from our sessions.
- I agree to put in the work needed to become a better player. My results are my responsibility.
- I agree to stay positive when I make mistakes at sessions.
- I agree that if I am ever feeling sick or "not right" I will tell my assigned coach **IMMEDIATELY**.
- I agree to pay attention to my assigned coach and follow their instruction.
- I agree that if I do not listen, my assigned coach can end the training session.
- I agree that **I WILL NOT** work through an injury, as this can lead to further injury, which we want to avoid.
- I agree to be kind and respectful to my assigned coach and other players within the session.

3 Parent Expectations

- If you have questions during the week, you can reach us by emailing [djf.footballcoaching@gmail.com](mailto:djr.footballcoaching@gmail.com); you'll receive a response within 24 hours (Monday–Friday, 9am–5pm), through this channel only.
- We train in a “non-pressured” environment — please don't pressure your child or shout instructions from the sidelines during sessions.
- Training sessions may be run by any of DJR Football Coaching's staff members.
- If you're away or on holiday, your membership remains active and won't be automatically paused — please let us know as early as possible by emailing [djf.footballcoaching@gmail.com](mailto:djr.footballcoaching@gmail.com) so we can plan accordingly.

4 Cancellation Policy (Training Sessions)

We have a **ZERO TOLERANCE MISSED SESSION POLICY**. If you miss a session without notice, you will forfeit the session. Clients who cancel within the 24-hour cancellation period **will not** be offered a catch-up session.

Sessions cancelled outside the 24-hour cancellation period are eligible for a catch-up. Catch-up sessions can only be claimed by emailing [djf.footballcoaching@gmail.com](mailto:djr.footballcoaching@gmail.com) at least 24 hours prior to the missed session. Clients who do not notify us in time will not be offered a catch-up session.

5 Weather Policy

If the pitch is too wet or there is significant rain around the time of a scheduled session, the session may be rescheduled at DJR Football Coaching's discretion. Our staff will check the pitch is safe before every session; if it is playable, the session will go ahead. **PARENTS DO NOT DETERMINE IF THE SESSION WILL BE CANCELLED**. If a parent chooses not to attend a session that has been deemed playable, this will count as a cancellation of less than 24 hours and will not be eligible for a catch-up.

If a session is cancelled due to weather, we will notify you by email or message as soon as possible and arrange a reschedule.

6 Payment Policy

By signing up with DJR Football Coaching, you automatically agree to these Terms & Conditions and confirm that you can commit to the entire agreed commitment period. Payments are collected monthly via our automated system. If your card fails, you will be prompted to replace it within 24 hours; if a new card is not registered within 24 hours, sessions will be paused until payment is collected and your training slot may be lost. If your account is overdue by 30+ days, any outstanding invoices may be passed to a debt collection agency to recover.

7 Refund Policy

DUE TO THE DEMAND FOR OUR PROGRAMMES, WE DO NOT OFFER REFUNDS IN ANY CASE FOR ANY CURRENT MEMBERSHIP, AS WELL AS ANY MEMBERSHIPS ADDED AT A LATER DATE.

8 Social Media Release Policy

"I, the undersigned, do hereby grant permission to DJR Football Coaching to post my and/or my child's story, photos and videos, hereinafter referred to as 'Materials,' taken by DJR Football Coaching during sessions, or that I submit to DJR Football Coaching's website and social media accounts."

"I hereby release DJR Football Coaching, its representatives, employees, and directors from all claims and demands arising out of or in connection with any use of said Materials, including, without limitation, claims for invasion of privacy, infringement of my right of publicity, defamation, and any other personal and/or property rights."

9 Late Policy

If a player is late to their scheduled training session, no extra time will be added to the end of the session to account for the time missed. If a player cannot attend a session due to an expected late arrival, this will count as a late cancellation and no catch-up session can be claimed.

By enrolling in and paying for a DJR Football Coaching training programme, you confirm that you have read, understood, and agree to be bound by all the terms and conditions set out in this Training Agreement.